

Believes and trusts that his needs will be met

## **MOTHER**

Distant Disengaged



### MOTHER

Quick Sensitive Consistant

## CHILD

Secure Exploring Happy

## CHILD

Not very explorative Emotionally distant Subconsciously believes that his needs probably won't be met

# Attachment Styles



Cannot rely on his needs to be met

## Disorganized Attachment

Severely confused with no strategy to have his needs met

## MOTHER

Inconsistent Sometimes sensitive Sometimes neglectful

## **CHILD**

Anxious Insecure Angry

#### **MOTHER**

Extreme Frightened Frightening Passive

## CHILD

Depressed Passive Angry Non-responsive